

## CT PATIENT PREPARATION – Oral and IV Contrast

### WEEK BEFORE SCAN (OR EARLIER)

- If you have had a previous CT or PET/CT done at a different facility, please call that facility and coordinate a time to pick up a copy of the scan **on a CD-ROM, not the report**, to bring with you at the time of your appointment.

*If there is absolutely no way for you to pick up the CD prior to your appointment with us, we will ask you to sign an Authorization of Information Release form so we can put in the request. Please note that if we have to request the CD, it may delay your scan results getting to your physician.*

- Pick up 2 bottles of oral contrast from our office (if you haven't already done so). **Do not refrigerate & do not add anything to contrast.**
- Get lab work done at least one week prior to your scan (if you haven't already done so). Your lab results should be from within the last 30 days.

### WEDNESDAY / NIGHT BEFORE SCAN

- Drink 1<sup>st</sup> bottle of contrast 2 hours before going to bed

### THURSDAY / DAY OF SCAN

- Do not eat or drink anything 6 hours prior to scan
- Drink 2<sup>nd</sup> bottle of contrast 2 hours before scan
- Do not chew gum, chew tobacco, or smoke 6 hours prior to scan
- ✓ Please plan to **arrive at least 15-20 minutes before your appointment time** to fill out paperwork.
- ✓ Please **bring your photo ID & insurance card.**
- ✓ Plan to be here for approximately 45 minutes & schedule transportation accordingly.
- ✓ We highly suggest wearing comfortable clothing without any metal (zippers, jewelry, hairpins, etc.)

**For patients with high cholesterol**, it is okay to take your medication.

**For patients with claustrophobia**, bring your medication with you (do not take them).

**For patients with diabetes**, please let us know ahead of time for specific instructions.

If you would like to receive a text message confirmation of your appointment, please opt-in by sending REMIND ME to 951-356-6916